



Strategy for 2018/19

- Academic progress of the more able, boys and disadvantaged students.
- Attitude to learning including aspirations, expectations and behaviour.
- Attendance.
- Making a difference.
- Leadership.
- Communication with parents/carers.

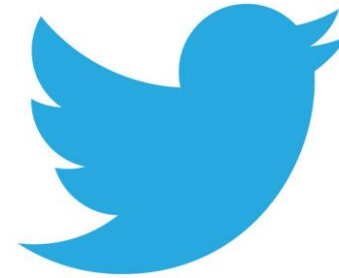




Sir William Ramsay
SCHOOL

EMPOWERING EVERYONE TO ACHIEVE

Communication



@SWRSchool

Weekly School Newsletter





Sir William Ramsay
SCHOOL

EMPOWERING EVERYONE TO ACHIEVE

The Governing Body



Who are we?



Mrs Christine McLintock
(Headteacher)



Prof Bryan Mogford
(Chair of Governors)



Mr Paul Fleming
(Vice Chair of Governors
& Parent Governor)



Mr Stuart Carter
(Governor)

We are all unpaid volunteers from a diverse professional background with a wide selection of skills, knowledge and experience.

Specific roles:

Personnel Chair: Stuart Carter
Finance Chair: Nigel Cole
Curriculum Chair: Mark Mearden
Child Protection: Cliff Brown
Gov development: Paul Fleming
Premises and Safety: Matt Spooner



Mr Nigel Cole
(Governor)



Mr Kieran Hughes
(Staff Governor)



Rev Mark Meardon
(Parent Governor)



Mr Matt Spooner
(Governor)

School action plan link governors:

1. All students make at least good progress – Mark Mearden
2. No gap in the progress of students – Nigel Cole
3. Consistency in the classroom – Julie Irwin
4. Heads of Year impact on the academic progress – Stuart Carter



Mr Cliff Brown
(Governor)



Mr Kim Frost
(Governor)



Mrs Julie Irwin
(Governor)



Ms Liz Walker
(Clerk to Governors)

Contact us: clerk@swr.school



Sir William Ramsay
SCHOOL

EMPOWERING EVERYONE TO ACHIEVE






What is the main role of the Governing Body?

- Provide strategic direction for the school with clear priorities and targets.
- Support the Head and constantly look to raise standards.
- Ensure accountability.





So what do we get involved in?


- Setting and monitoring the school's values, aims and policies.
 - Making sure the curriculum is broad and stretches all students.
 - Deciding how the budget should be spent and ensuring good value for money.
 - Making sure the school buildings are welcoming, safe and well used.
 - Overseeing the appointment of staff and making sure the right development and reward arrangements are in place.
 - Sitting on Student Discipline Panels and other Human Resource Panels involving staff.
- 



What we don't do

- The role of a governor is largely a thinking and questioning role, not a doing role.

A governor does NOT:

- Write school policies.
 - Undertake audits of any sort even if the governor has the relevant professional experience.
 - Spend much time with the students of the school.
 - Fundraise but we do look for potential income generation streams.
 - Undertake classroom observations to make judgements on the quality of teaching – the Governing Body monitors the quality of teaching in the school by requiring data from the senior staff and from external sources
 - Do the job of the school staff.
- 



An opportunity for you as parents/carers to learn more about the work that we do as well as gain an insight into how best to support your son/daughter through their Sixth Form journey.





Head of Sixth Form – Mrs MacDonald

Senior Leadership Link – Ms Holding

Sixth Form Student Welfare Manager Mrs Carro

Tutors - Team of experienced staff who are the daily point of contact for students.







- Key Dates.
- Work load and expectation of students.
- Revision techniques.
- Well being (mental and physical).
- Future Options Guidance.





- w/c 15th October MAD campaign begins
 - w/c 5th November English/Maths retake exams
 - 15th November Safe Drive Stay Alive Trip
 - 3rd December Reports via Schoolcomms
 - 5th December Parents Evening
 - 31st January Careers Fair
 - 13th March UCAS convention
 - 27th March Future Options Evening
 - 1st April Reports via Schoolcomms
 - 7th May BTEC modular exams
 - 10th June Year 12 Exams
 - 8th July Future Options Day
 - 16th July Reports via Schoolcomms
- 



- w/c 15th October MAD campaign begins
 - October 19th Personal statement deadline
 - w/c 5th November Eng/Maths retake exams
 - 19th November Reports via Schoolcomms
 - 5th December Parents Evening
 - w/c 7th January Mocks begin (plus BTEC modular exams)
 - 15th January UCAS deadline
 - 16th – 18th January Photography mock
 - 31st January Careers Fair
 - 4th February mock results via Schoolcomms
 - 26th March reports via Schoolcomms
 - 7th May Photography Exams begin
 - 13th May all other exams begin (including BTEC modular exams)
- 



Students need to learn the fine art of balancing their work and their social life.





Students, at a *minimum*, should be matching **every hour** of their lesson time, with an **hour** of independent working time.

This is above and beyond homework:

- Revision
- Research
- Journal reading
- Exam papers
- Podcasts
- Specific TV programmes.





Work Load and Expectations

Do you recognise any of these scenarios?





VESPA

Vision

Effort

Systems

Practice

Attitude





- Homework
- Consolidation work
- Exploring the subjects
- Pixl independence booklets
- Revision
- Exam Questions



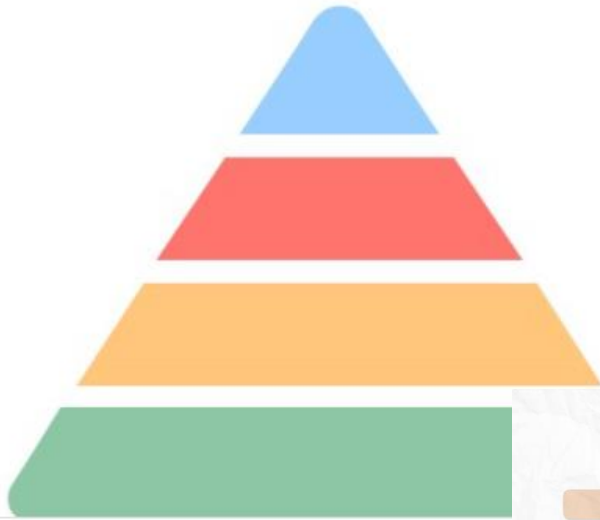


Sir William Ramsay SCHOOL

EMPOWERING EVERYONE TO ACHIEVE

What work should by son/daughter be doing?

The most important information goes at the top and then the least important at the bottom. Make sure you justify WHY you think it the most/least important.



WriteIT Write down all the main thoughts and themes you have learnt.

UpscaleIT Now try writing these same thoughts and themes using fewer words!

Reflection:

SketchIT Can you sketch six ideas that relate to the topic?

LinkIT Write the topic in the centre, then fill up all the boxes with themes that link together. Can you find any links that aren't already shown?

ProveIT Write a topic of your choice in the box to prove your knowledge!

-
-
-
-
-
-





Preparing to Perform

‘By failing to prepare, you are preparing to fail.’

Benjamin Franklin





Planning

- Create a revision timetable.
- Need to plan out their revision
 - what subjects do they need to revise
 - the amount of time needed to revise for each subject
 - when the exams are (during the exam period they mustn't just revise for the next one coming up).
- Routine - same time, same place.
- Remove all distractions!
- Resting and having regular breaks are essential to keep motivated (so these need to be built into a revision timetable).





Staying motivated is important:

1. Set targets.
2. Rewards when targets are hit.





Proven Revision Techniques

- Consolidation and Mindmaps.
- Teaching others.
- Exam questions.





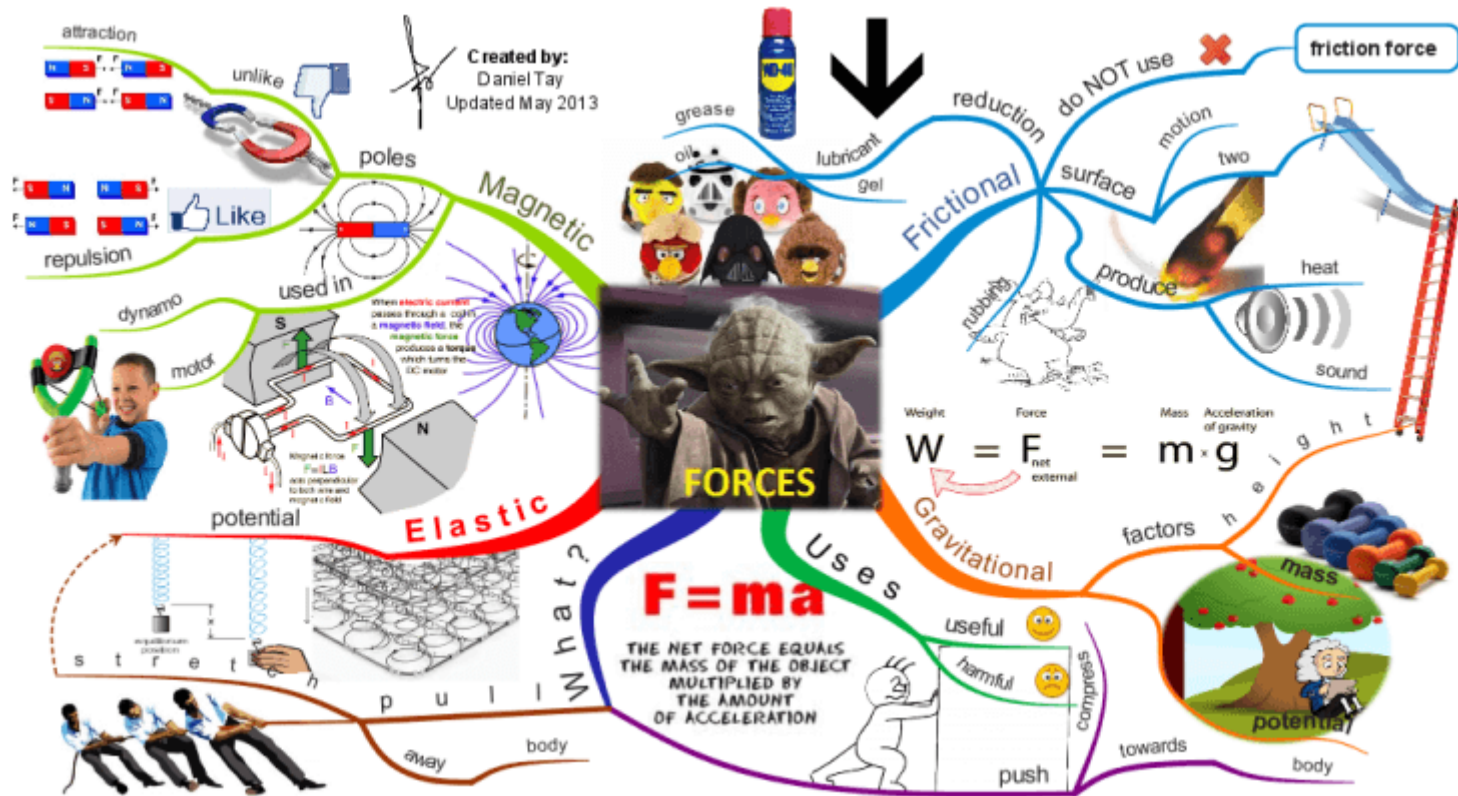
Consolidation

- Active interaction with material.
- Rank information.
- Reduce information.
- Challenge the material.
- Recognise gaps in knowledge.
- Ensure mind is focused on material.





Mindmaps





The Learning Pyramid






Exam Questions

Why?

- Application of knowledge
- Familiar with what the question is asking
- Checking gaps in knowledge
- Practicing specific skills
- Timing
- Confidence.

Where?

- Exam board websites
 - Teaching staff.
- 



Remember!

Repetition
Repetition
Repetition
Repetition
Repetition
Repetition
Repetition
Repetition
Mastery





Preparing to perform

No matter how much revision they do, you can help improve your child's performance by supporting them on the following areas:

- Physical activity
- Nutrition (and mental energy)
- Quality of sleep.



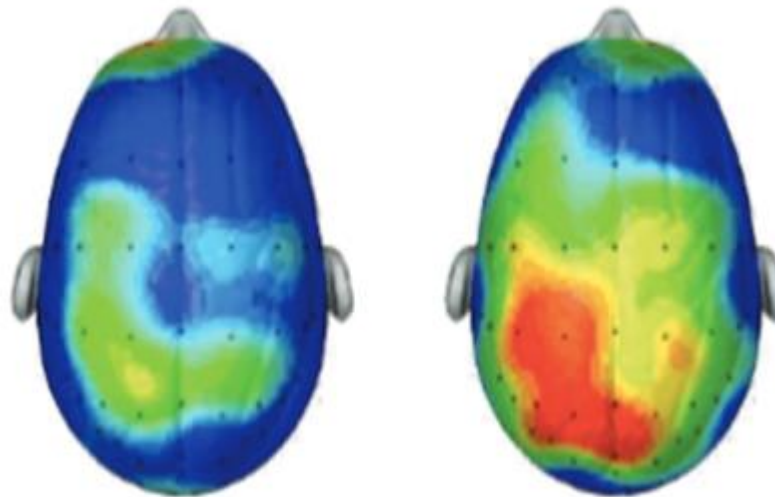


- Relieves stress and gives us a better sense of being able to cope.
- Proven to increase memory power.
- Help improve concentration levels, allowing you to study and focus for longer.





Composite of 20 student brains taking the same test



After sitting quietly

After 20 minute walk

Red areas are very active; Blue areas are least active





For breakfast, try to eat foods with slow-release carbohydrates, such as porridge, whole grain bread or muesli.

Add proteins into the mix to help keep you fuller for longer, for example milk, yoghurt or eggs if you have time!

The best source of Omega 3 is oily fish such as mackerel, salmon, sardines and trout. Other sources are:

- walnuts
- chia seeds (great for adding into baked cakes!)
- spinach
- eggs
- cod liver oil tablets.

Some snacks that can help power our brains are:

- fresh/dried fruit
- nuts
- seeds
- peanut butter and rice cakes
- non-sugary popcorn
- 0% fat yoghurt
- avocado
- a small amount of dark chocolate.



Foods to have sparingly – brain blockers:

- Foods that are high in refined sugar that will lead to energy highs and crashes.
- Sugary and fizzy energy drinks and limit caffeine as these can increase nervousness.
- Heavy carbohydrate meals that can make you feel sluggish.





How can we 'wind down' before bed?

- Turn phones off!
- Have some alone time, listen to music, read a book (for enjoyment!) or relax doing yoga.
- Get some fresh air by taking a relaxing walk.
- Have a bath.





Year 12

- Start to build personal statements and CVs - work experience, volunteering, community service, hobbies, research, leadership.
- Research options.
- Parents evening in March.
- UCAS trip in March.
- Future Options Day in July.

Year 13

- Personal statement deadline approaching (19th October).
- UCAS deadline 15th January.
- Use future options sessions well.
- Ask for help!

