

Sir William Ramsay
Cricket Booklet

Year 7

Batting

Learning Objectives: All to understanding the basic idea of batting in Cricket.

Some: To demonstrate a wider understanding of how we bat in Cricket.

Complete this sentence using these words— **Hands Right Cross Left Bat Grip**

We _____ the bat with both of our _____. Which ever hand is stronger is very important. If we are right-handed, then our _____ hand goes at the base of the bat. If we are left-handed, then our _____ hand goes at the base of the bat. Our hands or fingers never _____, forming a nice straight line along the base of the _____.



Of the pictures below, who is holding the bat correctly and who is not- Circle your answer



Holding the bat correctly? YES/NO

Holding the bat correctly? YES/NO

There are 3 different types of shot we will focus on, explain what each one is and how to play it- think about the angle of the bat, as well as the connection of the ball on the bat

Defensive shot-



Sweep-



Drive-

As a bonus, what other type of shots are there?

Are there any types of illegal shots you can play in Cricket? YES/NO

What is the area called with which a batter would stand when hitting the ball (Clue- It's the bit they need to run too to score runs aswell!)



Indicate with an arrow where on the bat you would hit the ball if you were trying to hit a really long, offensive shot



Indicate with an arrow where on the bat you would hit the ball if you were trying to hit a defensive shot



Indicate with an arrow where on the bat you would hit the ball if you were trying to hit a sweep shot

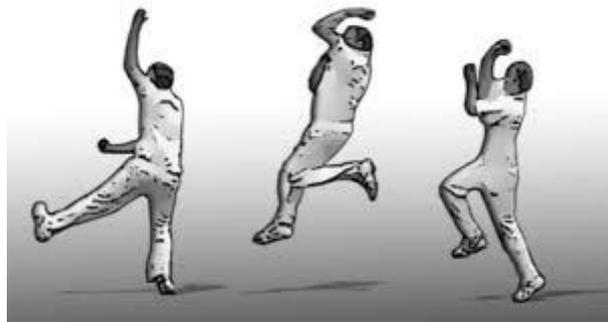


Bowling

Learning Objectives- All: To understand the basic fundamentals to bowling in Cricket

Some: To demonstrate a wider understanding of how we bowl in cricket

Explain how we would hold the cricket ball when bowling (where do we place our fingers and why)



There are three different types of bowl we would focus on in school, what are they?

-
-
-

Look at the first picture above...

Describe what a bowler would do with their bowling hand/arm once they have released the ball

Look at the second picture above...

Which foot should be leading when a bowler releases the ball? (Remember- this does depend on whether you're left or right-handed)

How many bowls are there in an over? Circle your answer

1 2 3 4 5 6 7 8

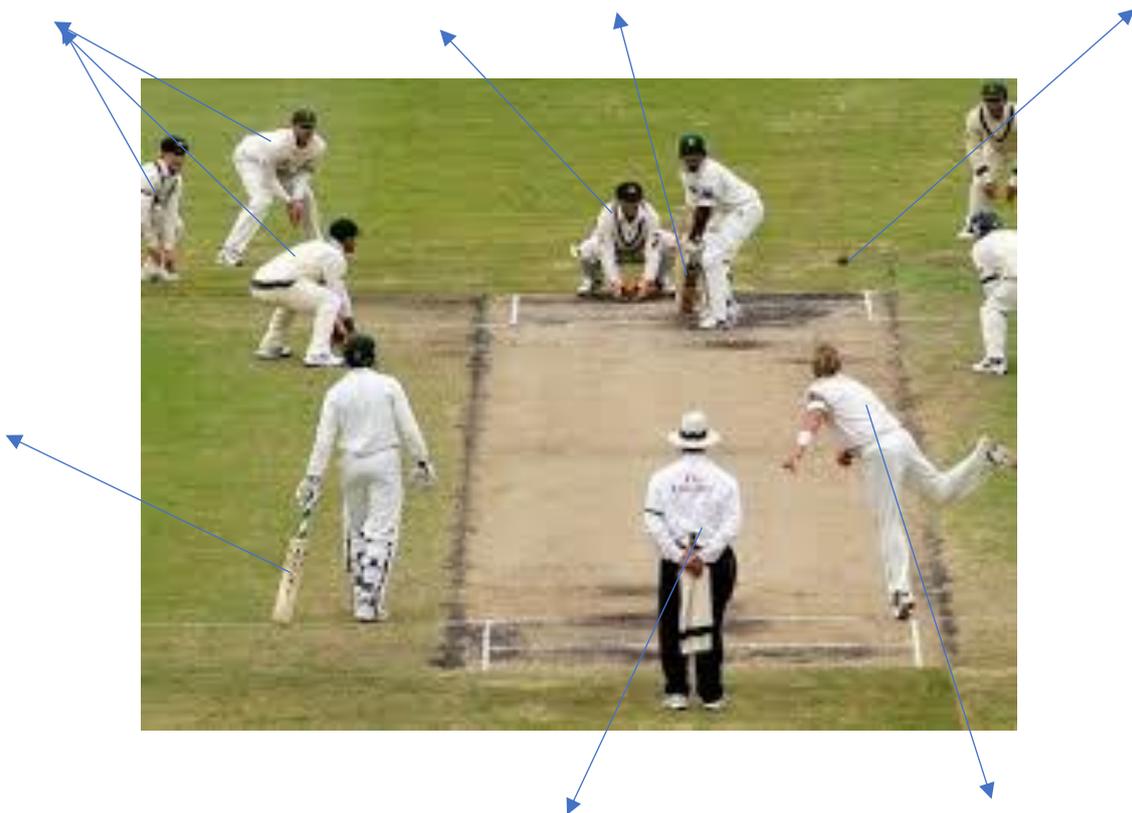
What is it called if a bowler gets three 'outs' in a row in any form?

There are a number of different ways a batter can 'be out.' List as many as you can think of...

What does LBW mean/stand for?

L _____ B _____ W _____

In this picture, label everything that you are able too... The descriptions include items (wickets) as well as players or positions (Wicket keeper).



Fielding

Learning Objectives: All- To understand the fundamentals of fielding in Cricket.

Some- To demonstrate a wider understanding of how we field in cricket

Starter- explain what is meant by a 'fielder in cricket? What are their roles and responsibilities?

There is a particular fielder found directly behind the wickets, what is that fielder called?

.....

Scenarios!!

A fielder has touched a ball on its way to the boundary. It then reaches the boundary (rolling along the floor) what is the result??

A fielder has caught the ball off the batter without it bouncing, what does this mean?

A fielder has caught the ball off the batter without it bouncing, but has caught the ball out of bounds, what is the result? Is the 6 given, or is the batter out?

A fielder has gone to catch the ball, but it has bounced off his head and then into the hands of another fielder **without** it bouncing or touching the floor at all- what is the decision?

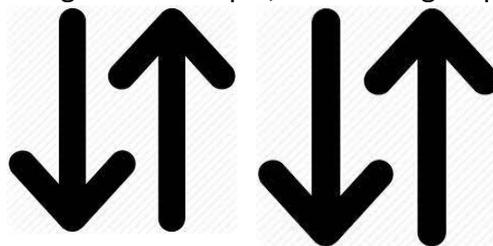
What is the hand technique called to catch the ball below chest height?

- a. dish
- b. cup
- c. plate
- d. glass



When we catch the ball using this technique, are our fingers pointed...

- a. up
- b. down
- c. neutral
- d. doesn't matter



When preparing to catch the ball, should your knees be....

- a. bent
- b. straight
- c. doesn't matter
- d. on the floor

Circle the three different types of throw you would use when fielding in cricket...

- a. side arm

- b. under arm
- c. reverse arm
- d. over arm

When fielding, a fielder will attempt to get the ball to the wickets as quickly as possible. They may attempt to hit the wickets straight from their fielding position, but what might it be wiser to do? Explain...

Which catch is which

Low Catch/Underhand



High catch/Overhand cup



High Catch/Underhand cup



Rules and regulations

Scenarios