



| Year 8 | PE Grade Descriptors Building on Year 7 |
|------------------------|--|
| Progress Grade | Data Drop 1 - Autumn Term |
| Working Towards | A student can: <ul style="list-style-type: none">• Identify some tactics in some sports.• Demonstrate some resilience and effort in lessons.• Accurately and successfully demonstrate skills, techniques and tactics in activities. |
| Expected | A student can: <ul style="list-style-type: none">• Apply their knowledge of rules and tactics to several different sports with some success.• Often demonstrate resilience and apply a satisfactory level of effort to every activity.• Apply a variety of skills with the correct technique in drills and competitive situations with success. |
| Above | A student can: <ul style="list-style-type: none">• Apply tactical knowledge to accurately outwit opponents.• Demonstrate good leadership and communication while being resilient to learning.• Demonstrate with precision, control and fluency, an extensive range of skills, techniques and tactics to outwit opponents on most occasions. |
| Exceptional | A student can: <ul style="list-style-type: none">• Justify how skills and tactics could improve performance and display this in lessons.• Demonstrate great leadership qualities and be a positive role model.• Consistently demonstrate with precision, control and fluency, an extensive range of skills, techniques and tactics in very challenging activities. |



| Year 8 | PE Grade Descriptors Building on Year 7 |
|------------------------|---|
| Progress Grade | Data Drop 2 - Spring Term |
| Working Towards | A student can: <ul style="list-style-type: none">• Understand how the body reacts during exercise.• Demonstrate little effort in every activity.• Sometimes successfully demonstrate skills, techniques and tactics in activities with some accuracy. |
| Expected | A student can: <ul style="list-style-type: none">• Understand the structure of a warmup and cool down and have knowledge of muscles and activities used when warming up.• Often demonstrate confidence and understand effective communication within discussions and activities.• Apply a variety of skills with correct technique in both individual and team activities with success. |
| Above | A student can: <ul style="list-style-type: none">• Accurately explain the advantages of following an active healthy lifestyle.• Demonstrate good leadership skills as well as empathy and patience.• Adapt the technique used to outwit opponents on most occasions. |
| Exceptional | A student can: <ul style="list-style-type: none">• Evaluate and justify different training methods for sports performers.• Show motivation to make progress in most sports in the curriculum.• Demonstrate a range of ideas and strategies to solve problems whilst performing in both individual and team activities. |



| Year 8 | PE Grade Descriptors Building on Year 7 |
|------------------------|---|
| Progress Grade | Data Drop 3 - Summer Term |
| Working Towards | A student can: <ul style="list-style-type: none">• Identify and describe tactics in some activities.• Lead their own warm up but lack confidence leading others.• Demonstrate with some accuracy and success, skills, techniques and tactics across a variety of activities. |
| Expected | A student can: <ul style="list-style-type: none">• Apply knowledge of rules and tactics with some success.• Confidently lead a group of students.• Demonstrate and apply the correct technique in progressive drills and competitive situations with success. |
| Above | A student can: <ul style="list-style-type: none">• Analyse performance and apply tactical knowledge to accurately outwit opponents in a range of activities.• Work hard to demonstrate a resilient approach to their progress through all challenging activities.• Demonstrate with precision, control and fluency, an extensive range of skills, techniques and tactics to outwit opponents on most occasions. |
| Exceptional | A student can: <ul style="list-style-type: none">• Display an excellent understanding by justifying how skills and tactics could improve performance.• Be a positive role model that inspires others.• Consistently demonstrate with precision, control and fluency, an extensive range of skills, techniques and tactics in very challenging activities. |