

## A Suggested Reading List for L3 H&SC

### Magazines, Television programmes, Newspapers and journals

Care magazine - <http://www.skillsforcare.org.uk/About/News/Care-magazine.aspx>

Social Care magazine (see below for web version)

Channel 4 H&SC section

Care talk (see below for web version)

Caring Times (see below for web version)

British Medical Journal

Any H&SC articles in newspapers

### Websites

- <http://www.skillsforcare.org.uk/About/News/Care-magazine.aspx> – A website about the care industry
- <http://www.bmj.com> – The website of the British Medical Journal
- <http://www.socialcaremagazine.com/> - A website that has contemporary articles about H&SC
- <http://www.caretalk.co.uk/> - Web version of magazine dealing with H&SC issues
- <https://www.caremanagementmatters.co.uk/> - A more technical website about care management issues
- <http://www.careinfo.org/caring-times/> - Care management magazine on common issues
- <http://www.cqc.org.uk/> - Care quality commission website
- <https://www.ons.gov.uk/> - office for national statistics
- <https://www.ons.gov.uk/> - social care institute for excellence
- <http://www.nhs.uk/Conditions/social-care-and-support-guide/Pages/what-is-social-care.aspx> A guide to help and support

### Books

Research these on Amazon and select a few to read:

1. Dalai Lama – How to see yourself as you really are
2. Florence Nightingale – Notes on nursing: What it is and what it isn't
3. Leslie Baillie – Professional Values in Nursing
4. Jenny Jones – On the loose
5. James Bowen – A street Cat Named Bob
6. Ben Goldacre – I think you'll find it's a bit more complicated than that
7. Susan Lillyman – Nursing and Health, Portfolios and Reflective Practice: Survival guide
8. Carol Hall – What is Nursing
9. Mary Seacole – Wonderful Adventures of Mrs Seacole in Many Lands
10. Irvin Yalom – Staring at the Sun
11. Paul Gilbert – The Compassionate Mind
12. Jack Canfield et al – Chicken Soup for the Soul: Parenthood