



4th September 2020

PE Changes For This Term

Dear Parents and Carers

Further to the newsletter sent on the 27th August 2020, this letter will outline the plans for PE Lessons in this first term. As you can imagine the logistics of getting all students changed for lessons has been a difficult one to plan due to Covid-19 restrictions. Students will be informed of where to go when they arrive back to school and what sport they will be doing for the term. Please [click here](#) to visit the school website for all the kit required for PE.

All student will need to sanitise their hands as they enter and leave the changing rooms.

YEARS 7/8/9 & 10

We have decided the best way forward will be for all KS3 Students (Years 7, 8 & 9) and Year 10 Students to follow their usual routine of getting changed into SWR kit at school, using the changing rooms. To reduce the number of students using the changing rooms at any one time, students who are in the mixed classes for core PE will be getting changed in the dance studio changing rooms.

YEAR 11

Due to size of groupings in Year 11, these students will not be expected to bring full SWR PE kit every week but must bring a pair of trainers to take part in activities. The students will be on a two-week rotation, with one group doing PE in full SWR kit and the other group wearing trainers and removing blazers and ties, then this will then switch around after two weeks.

This will commence on the **7th September 2020** with the **GIRLS** expected to bring full SWR kit as they did in Year 10.

Those students not wearing full kit will be asked to meet in the sports hall where they will change footwear, remove blazers and ties and line up in their groups ready to take part in an activity. We will give all students the option of wearing a white T-shirt under their uniform and if they wish they can remove their shirts and take part in their t-shirt.

As a PE Department we have re-done all risk assessments for all sports and have made sure that all 'Covid Restrictions' have been considered, therefore all activities (i.e. Table Tennis and Badminton) in Year 11 will be suitable for students in trainers and SWR uniform.

- Students will be required to wipe down their areas at the end of a session.
- Where possible we will have separate equipment for each year group bubble, where this is not possible students will be required to wiped down equipment after use.

I fully understand this may take some time for us all to get used to but it is not possible to fit all students into the changing rooms during Year 11 PE lessons. This will be reviewed during the October half term to see how the process has been managed and if changes need to be made then they will be.

We are closely following national governing body guidelines on all contact sports and we will input these changes in the near future, therefore students will need outdoor footwear in order to take part in these contact sports.



SUMMARY

YEAR GROUP

7, 8, 9
10
11

CHANGING EXPECTATIONS

Full SWR kit (Outdoor footwear required)

Full SWR Kit

Two week rotation:

Week beginning 7th September **Girls** to bring in full SWR kit **Boys** to bring in a change of footwear for indoor sport and a white t-shirt if they wish to do so.

Week beginning 21st September 2020 change over.

If you have any questions then please do not hesitate to contact me jcook@swr.school.

Kind regards

Mr J. Cook
Head of PE and Public Services